

GROW WITH PURPOSE

10 Guiding Principles



1. HAVE A COMPELLING PURPOSE



“TO HAVE A GREAT PURPOSE TO WORK
FOR, A PURPOSE LARGER THAN
OURSELVES, IS ONE OF THE SECRETS OF
MAKING LIFE SIGNIFICANT; FOR THEN THE
MEANING AND WORTH OF THE INDIVIDUAL
OVERFLOW HIS PERSONAL BORDERS AND
SURVIVE HIS DEATH.”

~ Will Durrant



2. ASSESS REGULARLY



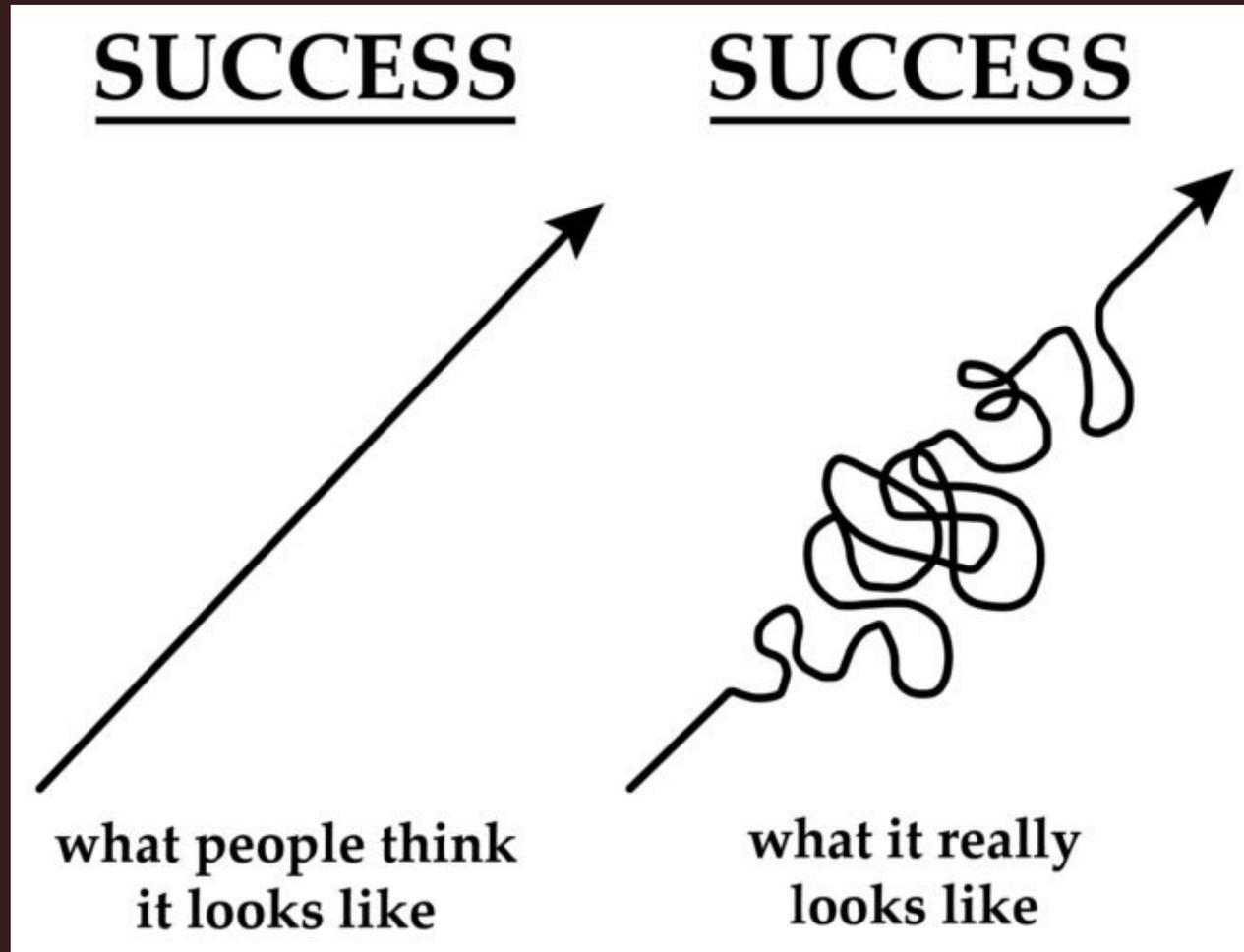
“IF YOU CAN’T MEASURE IT,
YOU CAN’T IMPROVE IT.”

~ Peter Drucker



3. WHEN YOU FAIL...

REFLECT, LEARN AND MOVE ON



“FAILURE SHOULD BE OUR TEACHER,
NOT OUR UNDERTAKER.

FAILURE IS DELAY, NOT DEFEAT.

IT IS A TEMPORARY DETOUR, NOT A DEAD END.

FAILURE IS SOMETHING WE CAN AVOID ONLY BY
SAYING NOTHING, DOING NOTHING,
AND BEING NOTHING.”

~ Denis Watley



4. CELEBRATE OFTEN



“LIFE IS NOT ABOUT WAITING FOR HAPPY ENDINGS,
IT’S ALL ABOUT TREASURING SMALL AND SIMPLE
MOMENTS OF JOY, CELEBRATING AS WELL AS
RESPECTING SMALL VICTORIES OF OVERCOMING
LIMITATIONS, STRUGGLES AND SO ON. SEEK SELF
PROGRESSION AND BE GRATEFUL FOR ALL THE
BLESSINGS- BIG OR SMALL- THAT LIFE HAS OFFERED
OR IS OFFERING TO YOU.”

~ Latika Teotia



5. TAME YOUR GREMLINS



“THE ONLY THING THAT’S KEEPING YOU
FROM GETTING WHAT YOU WANT IS THE
STORY YOU KEEP TELLING YOURSELF.”

~ Tony Robbins



6. MENTOR AND EMPOWER OTHERS



“WE RISE BY LIFTING OTHERS.”

~ Robert Ingersoll



7. WISELY INVEST YOUR TIME, TALENTS AND RESOURCES



“YOU HAVE TO DECIDE WHAT YOUR HIGHEST
PRIORITIES ARE
AND HAVE THE COURAGE-
PLEASANTLY, SMILINGLY,
NONAPOLOGETICALLY
TO SAY “NO” TO OTHER THINGS.
AND THE WAY TO DO THAT IS BY HAVING A
BIGGER “YES” BURNING INSIDE.”

~ Stephen R Covey



8. STEP OUT OF COMFORT ZONES THAT NO LONGER SERVE YOU



“WE CANNOT BECOME WHAT WE NEED
BY REMAINING WHAT WE ARE.”

~ John C. Maxwell



9. IF YOU WANT IT BAD ENOUGH... TRUST, TAKE A GULP, AND LEAP



“HAVE FAITH, TAKE THE LEAP,
YOU’LL EITHER UNFOLD YOUR WINGS
AND LEARN TO FLY,
OR YOU’LL LEARN TO SWIM...
TRUST YOURSELF,
AND JUMP IN WITH ALL YOU HAVE.””

~ Sulekha Pande



10. DEFINE YOUR LEADERSHIP LEGACY



“I'VE LEARNED THAT PEOPLE WILL FORGET
WHAT YOU SAID, PEOPLE WILL FORGET
WHAT YOU DID, BUT PEOPLE WILL NEVER
FORGET HOW YOU MADE THEM FEEL.”

~ Maya Angelou



GROW WITH PURPOSE

1. Have a compelling purpose
2. Assess regularly
3. When you fail... reflect, learn and move on
4. Celebrate often
5. Tame your gremlins
6. Mentor and empower others
7. Wisely invest your time, talents and resources
8. Step out of comfort zones that no longer serve you
9. If you want it bad enough... trust, take a gulp, and leap
10. Define your leadership legacy



BOOK RECOMMENDATIONS

The Power of Purpose by Richard Leider

The Second Mountain by David Brooks

What Got You Here Won't Get You There by Marshall Goldsmith

Positive Intelligence by Shirzad Chamine

Your Leadership Legacy by Galford & Maruka





EMILY ROGERS

CONSULTING + COACHING

Grow.

We strategically advise and support organizations and individuals in growing and realizing their full potential in purposeful and balanced ways. We offer:

- Executive coaching
- Team coaching & development
- Leadership development training
- Strategic planning facilitation
- Keynote speaking
- Assessments for individuals & teams
- Life, career & business coaching

